
Alzheimer's 101

Class Description:

Will discuss and review the basics of Alzheimer's and Dementia as well as how to intervene and approach those with this disease process.

Class Objectives:

Upon Completion participants will be able to:

- Understand the effects of the devastating diseases, Alzheimer's and Dementia, the differences, as well as the reversible and irreversible possibilities of the dementia condition.
- Understand the prevalence and future projections of Alzheimer's and Dementia, including early onset, early symptoms, risk factors, and ways to keep Alzheimer's at bay.
- Understand how to intervene with difficult behaviors related to Alzheimer's and dementia conditions, including specific behavioral approaches, honoring residents' reality, physical approach, eye contact and safe touch.

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Class Quiz: True/False

1. Residents with dementia should be treated with respect and dignity.
2. Constantly correcting a resident with dementia is the best single approach when caring for them.
3. Residents with dementia can usually only do one task at a time.
4. Some successful approaches to use with residents with dementia are diffusing, redirecting, knowing when to back off, and honoring their reality.
5. It is important for staff to avoid setting off negative resident behaviors.
6. Urinary Tract Infections, dehydration, nutrition and depression may be the causes of reversible dementias.

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Class Evaluation

Student Information:

Name: _____ Date: _____

I am a (check all that apply):

- RN LPN NHA HR DON ADON
 MDS Nurse Corp. Nurse Nursing Assistant Other: _____

Number of years in the profession:

- 2 or less 3 - 4 5 - 8 9 - 12 13 - 16 17 or more

Type of facility:

- Nursing Facility Home Health/Hospice CCRD Home for MRDD
 Assisted Living Supplier Other: _____

Session Evaluation:

	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
Program fulfilled by expectations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Topics were of interest to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Audio-visual was effective.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Objectives were clearly stated and met.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this seminar to others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Speaker Evaluation:

	No Opinion	Poor	Fair	Good	Excellent
Iva Dewit-Hoblit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heidi Mays	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Comments:
