

# Behavior Prevention and Intervention

## Part 1 of 2

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### **Class Description:**

The clientele making up our current resident population has changed resulting in our staff facing a new breed of behavioral challenges. These conditions include behaviors resulting from conditions such as dementia, mental health issues, TBI (Traumatic Brain Injury), etc. These conditions individually or in combination are likely to result in demonstrations of undesirable and or unsafe behaviors. Approximately 86% of undesirable or threatening behaviors are the result of staff actions. This introductory behavioral management session will engage participants in the thought process of understanding the origins of behaviors, preventing behaviors and dealing with behaviors commonly found today in nursing home residents.

### **Class Objectives:**

Upon Completion participants will be able to:

- Identify the medical conditions most likely to present with undesirable or unsafe behaviors.
- Recognize the common 'trigger' staff present which sets off and or escalates behaviors.
- Discuss situational assessment skills to prevent escalation of behaviors.
- Discuss preventative approaches.

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### Class Quiz: True/False

1. All humans fall somewhere on the mental health continuum.
2. Individuals with a mental illness/disorder need to be treated with respect and dignity.
3. The opioid epidemic has entered the long term care industry.
4. Once an individual stops their long term drug abuse their brain fully returns to their pre-drug abuse.
5. There is a difference between "I'm depressed," "I have depression," and "I have a major depressive disorder."

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## Class Evaluation

### Student Information:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

I am a (check all that apply):

- RN     LPN     NHA     HR     DON     ADON  
 MDS Nurse     Corp. Nurse     Nursing Assistant     Other: \_\_\_\_\_

Number of years in the profession:

- 2 or less     3 - 4     5 - 8     9 - 12     13 - 16     17 or more

Type of facility:

- Nursing Facility     Home Health/Hospice     CCRD     Home for MRDD  
 Assisted Living     Supplier     Other: \_\_\_\_\_

### Session Evaluation:

	Strongly Disagree	Disagree	No Opinion	Agree	Strongly Agree
Program fulfilled by expectations.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Topics were of interest to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Audio-visual was effective.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Objectives were clearly stated and met.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I would recommend this seminar to others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Speaker Evaluation:

	No Opinion	Poor	Fair	Good	Excellent
Latisha Welsh	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mary Taylor	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Comments:

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